



**CESAB**  
CENTRE DE SYNTHÈSE ET D'ANALYSE  
SUR LA BIODIVERSITÉ

# Biodiversity knowledge synthesis: an introduction to meta-analyses and systematic reviews

## Risks of bias

October 2024 - Montpellier

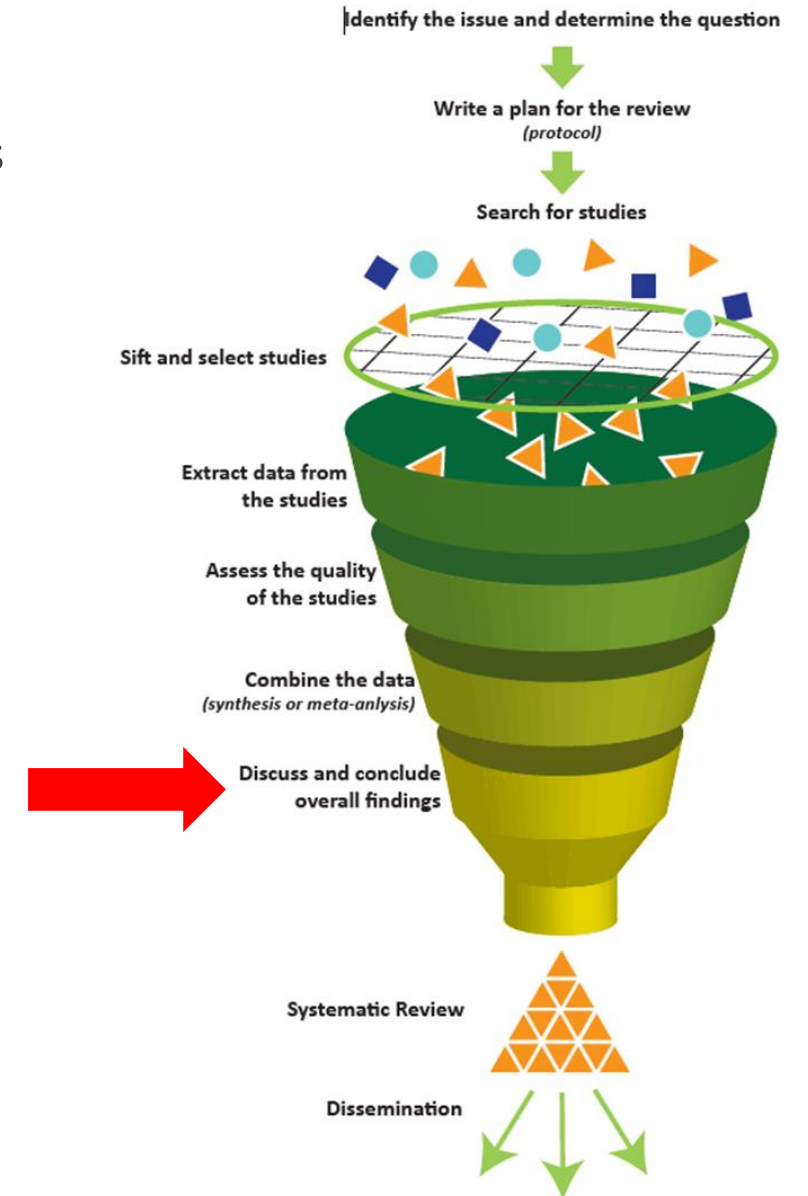
Dakis-Yaoba Ouédraogo (PhD)  
*dakis.ouedraogo@gmail.com*



# Risks of bias in meta-analyses

Meta-analysis = combine the results of primary studies to determine an overall effect (+ analysis of heterogeneity)

assumes that the primary studies collected are a representative sample of all available studies



# Risks of bias in meta-analyses

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... but studies showing a statistically significant effect are more likely to be  
published → publication bias  
published rapidly → time-lag bias  
published in English → language bias  
published more than one time → multiple publication bias  
cited → citation bias

... so they are more likely to be included in the meta-analysis

# Risks of bias in meta-analyses

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# Risks of bias in meta-analyses

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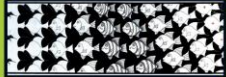
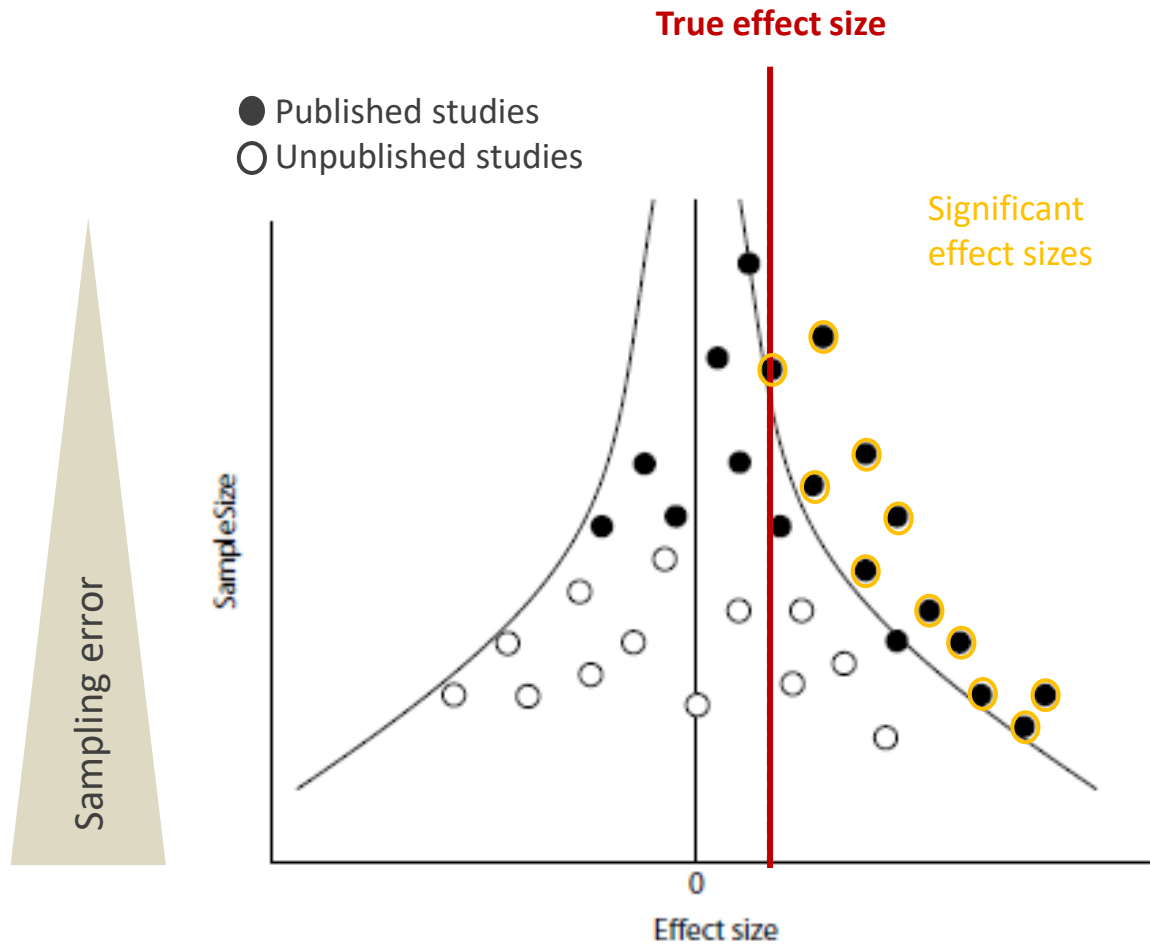
published in English → language bias

published more than one time → multiple publication bias

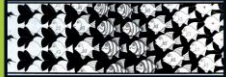
cited → citation bias

# Publication bias: visual detection

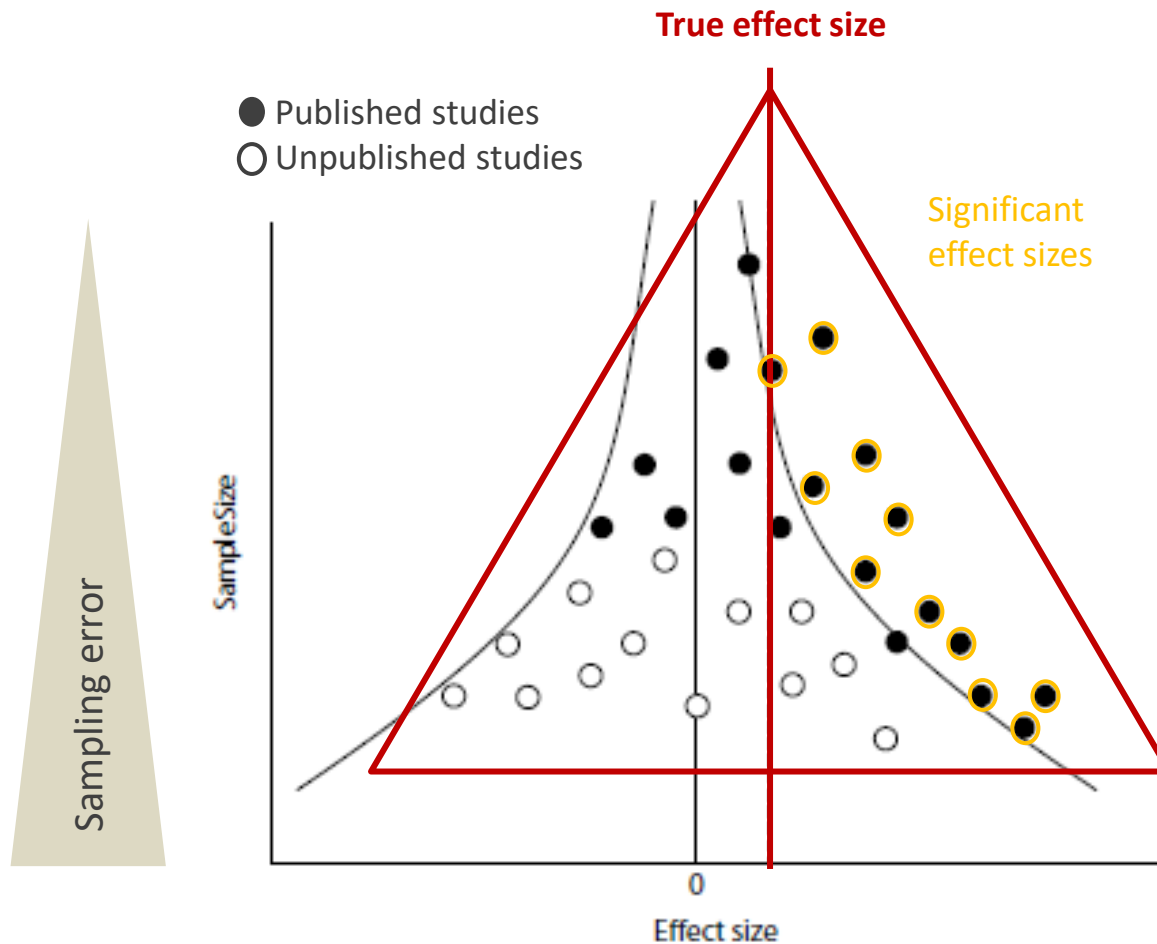
## Funnel plots



# Publication bias: visual detection



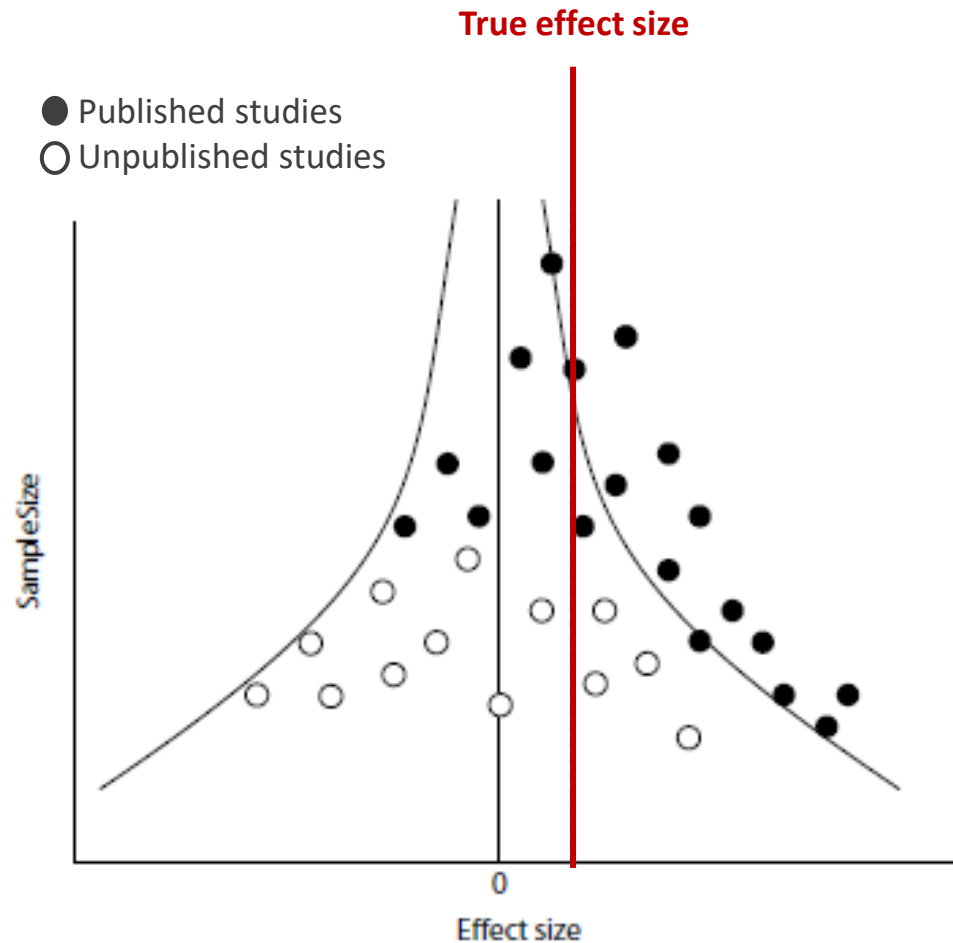
## Funnel plots



The distribution of all the studies around the true effect is symmetrical

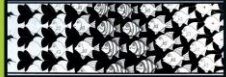
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## Funnel plots



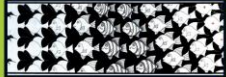
The distribution of all the studies around the true effect is symmetrical

Unpublished studies have **small sample sizes** and non-significant results

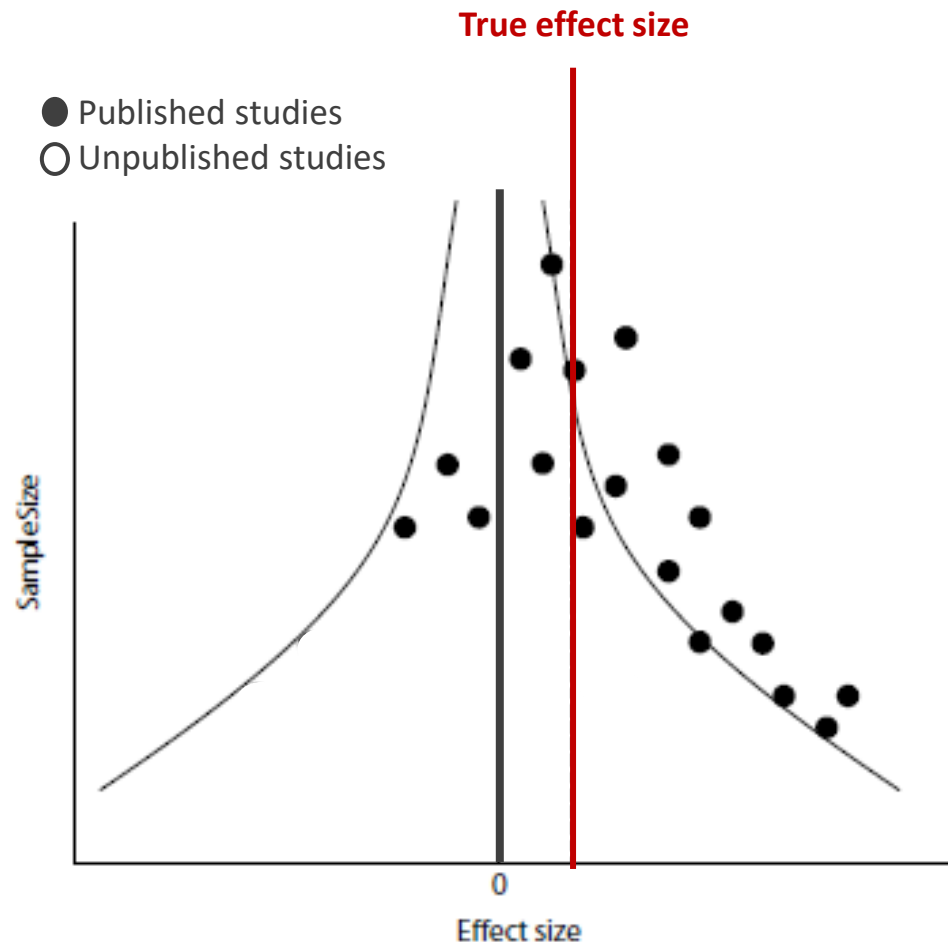




# Publication bias: visual detection



## Funnel plots

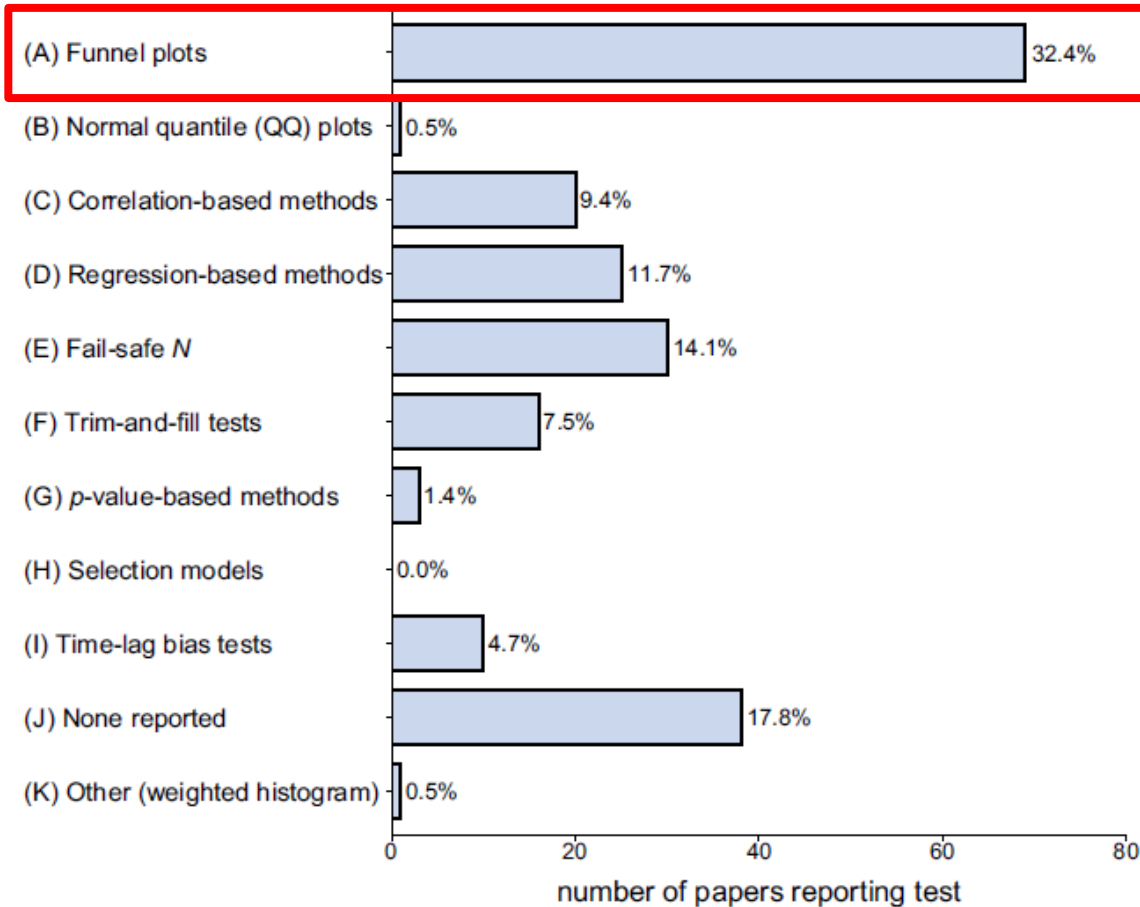


The distribution of all the studies around the true effect is symmetrical

Unpublished studies have **small sample sizes** and non-significant results

- an **asymmetric distribution** of the effect sizes of published studies (“**small-study effect**”)
- a relationship between sample size and effect size
- an overestimation of the true effect

## Funnel plots



## Methods for testing publication bias in ecological and evolutionary meta-analyses

Shinichi Nakagawa<sup>1</sup> | Malgorzata Lagisz<sup>1</sup> | Michael D. Jennions<sup>2</sup> | Julia Koricheva<sup>3</sup> | Daniel W. A. Noble<sup>2</sup> | Timothy H. Parker<sup>4</sup> | Alfredo Sánchez-Tójar<sup>5</sup> | Yefeng Yang<sup>1</sup> | Rose E. O'Dea<sup>1</sup>

*Effect size* ~ *N*, SE, variance, precision (1/SE), inverse variance

**Most popular method**

**! Warning: asymmetry may be due to effect sizes heterogeneity**

# Publication bias: detection tests

Received: 8 April 2021 | Accepted: 6 September 2021  
DOI: 10.1111/2041-210X.13724

REVIEW ARTICLE

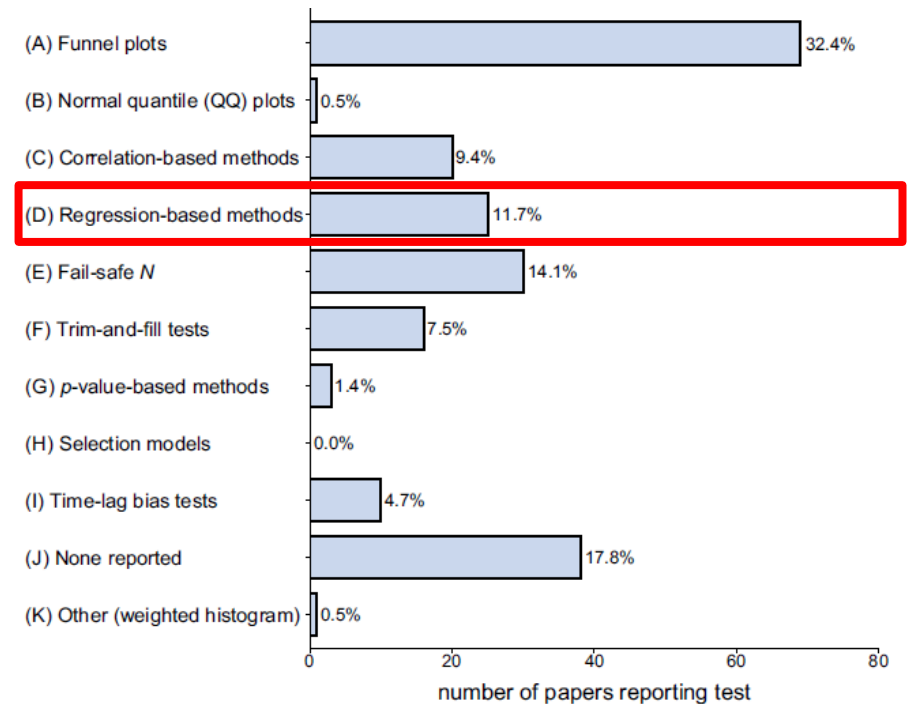
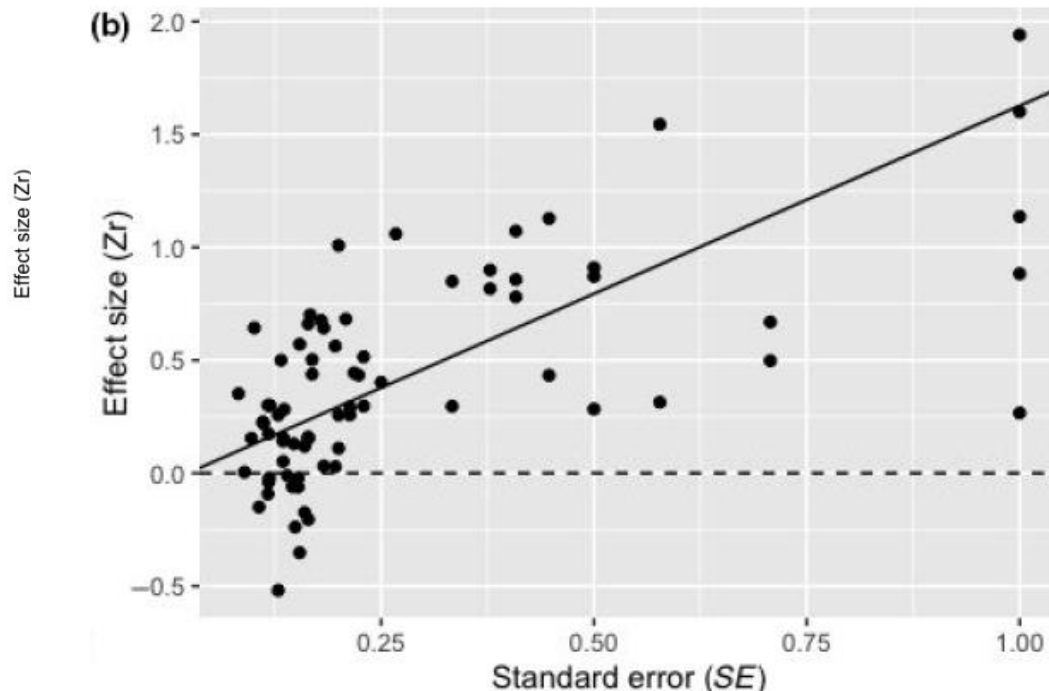
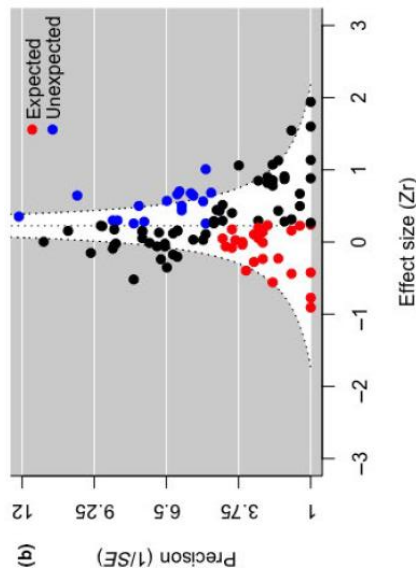
## Testing funnel plot asymmetry

### Egger's test : regression of effect sizes $\sim$ SE

If the slope is stat. signif. different from 0  $\rightarrow$  asymmetry stat. signif.

## Methods for testing publication bias in ecological and evolutionary meta-analyses

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Methods in Ecology and Evolution

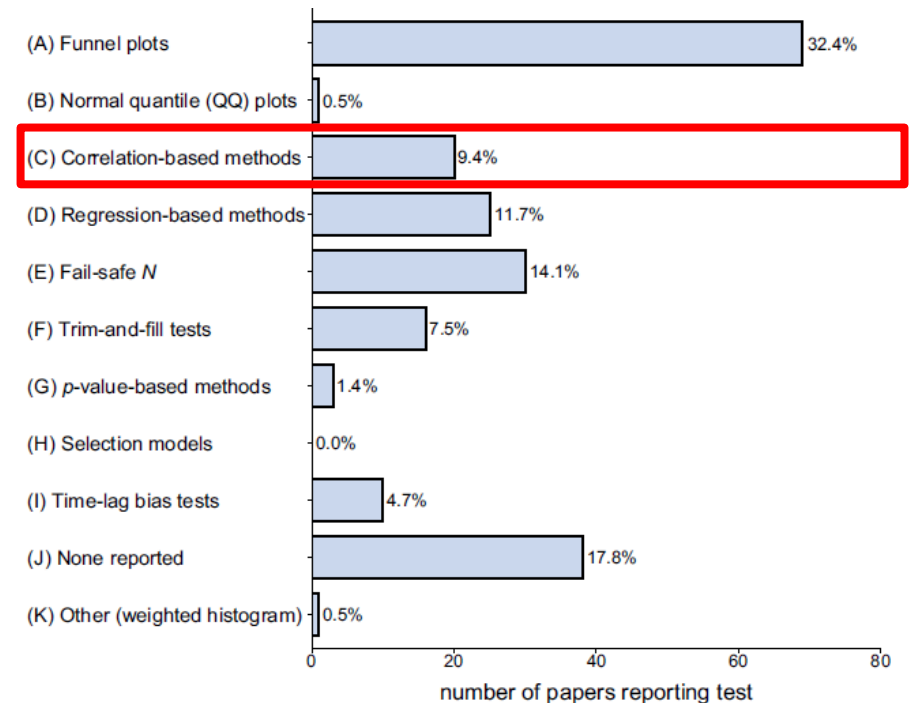
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**Correlation test** : non parametric test of the correlation between standardised effect size and variance (or another measure of uncertainty)

Egger's regression preferred



# Publication bias: assessment of the impact

## Fail-safe N

= number of unpublished stat. non-significant  
needed to make the overall effect not  
significant

If the fail-safe N is high ( $> 5 * N_{\text{studies}} + 10$ )  
results are considered to be robust to  
publication bias

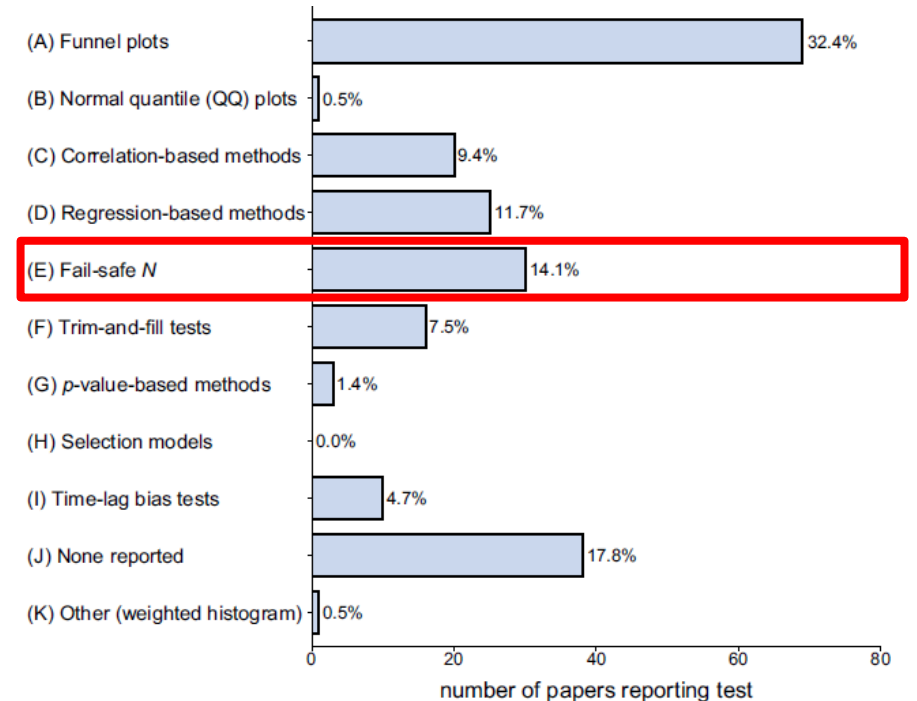
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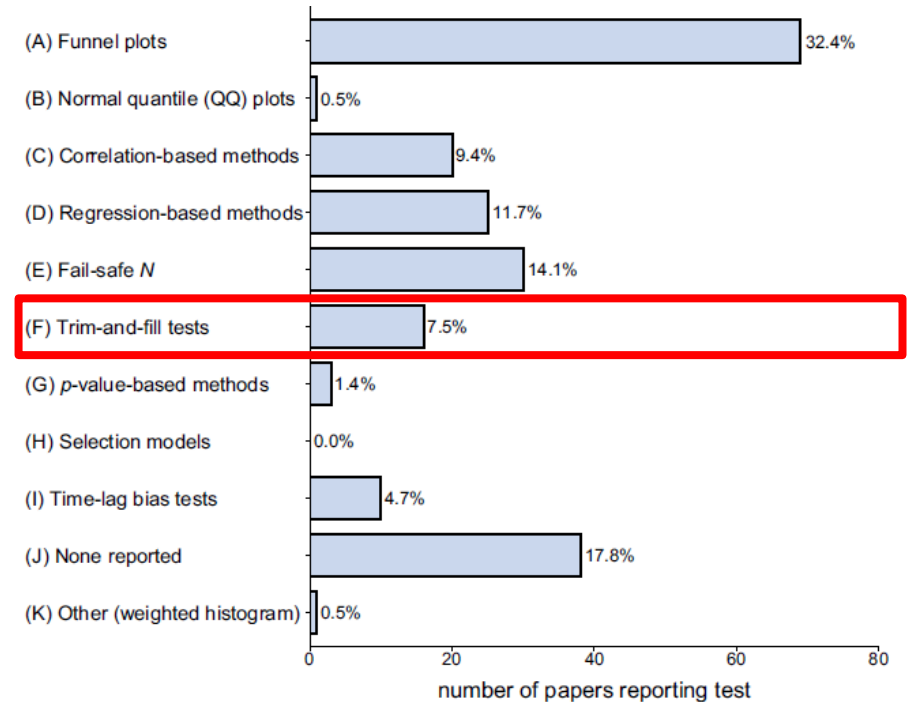
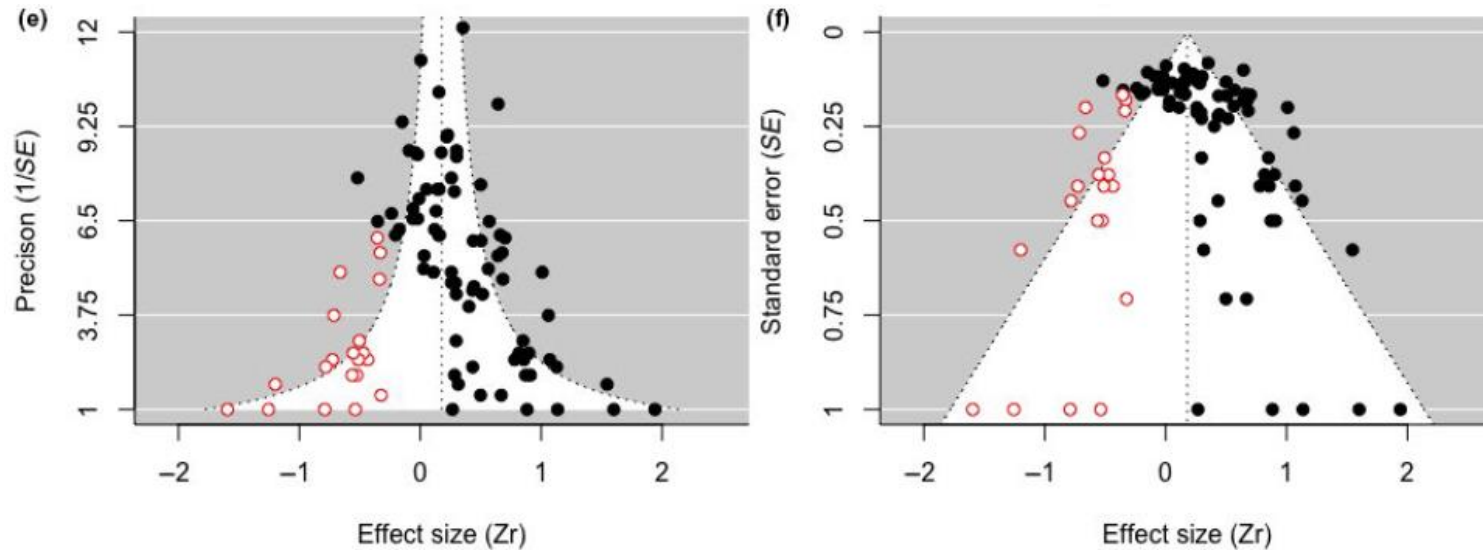
Methods in Ecology and Evolution

## Trim-and-fill

Visualisation of potentially missing effect sizes and re-estimation of the overall effect

Methods for testing publication bias in ecological and evolutionary meta-analyses

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# Publication bias: modelling

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Methods in Ecology and Evolution 

REVIEW ARTICLE

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Proposal of a **new method (multilevel meta-regression)** for detecting and correcting publication bias. The method takes into account the **heterogeneity** and **dependency** of effect sizes.

Nakagawa et al. *Environmental Evidence* (2023) 12:8  
<https://doi.org/10.1186/s13750-023-00301-9>

Environmental Evidence

METHODOLOGY

Open Access

## Quantitative evidence synthesis: a practical guide on meta-analysis, meta-regression, and publication bias tests for environmental sciences



Shinichi Nakagawa<sup>1,2\*</sup>, Yefeng Yang<sup>1\*</sup>, Erin L. Macartney<sup>1</sup>, Rebecca Spake<sup>3</sup> and Malgorzata Lagisz<sup>1</sup>

[https://itchyshin.github.io/Meta-analysis\\_tutorial/#checking-for-publication-bias-and-robustness](https://itchyshin.github.io/Meta-analysis_tutorial/#checking-for-publication-bias-and-robustness)

### • Detecting small study effect

The most well-known form of publication bias is the **small study effect**, where effect size values from a “small” studies, with low replication and therefore large uncertainty and low precision, show different, often larger, treatment effects than large studies. A straightforward way to detect small study effect is to add the uncertainty of effect size as a moderator, such that the relationship between effect size and its uncertainty can be quantified. We propose to formulate Egger’s regression (which is a classic method to detect the symmetry of a funnel plot) in the framework multilevel model to detect the small-study effect for dependent effect sizes:

to detect 
$$z_i = \beta_0 + \beta_1 \sqrt{\frac{1}{\tilde{n}_i}} + \mu_{j[i]} + e_i + m_i, (16)$$

to correct 
$$z_i = \beta_0 + \beta_1 \left(\frac{1}{\tilde{n}_i}\right) + \mu_{j[i]} + e_i + m_i, (17)$$

$\beta_0$  = publication-bias-corrected overall effect

### Accounting for heterogeneity when detecting publication bias

$$z_i = \beta_0 + \beta_1 \sqrt{\frac{1}{\tilde{n}_i}} + \sum \beta_h x_{h[i]} + \mu_{j[i]} + e_i + m_i$$



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# Time-lag bias

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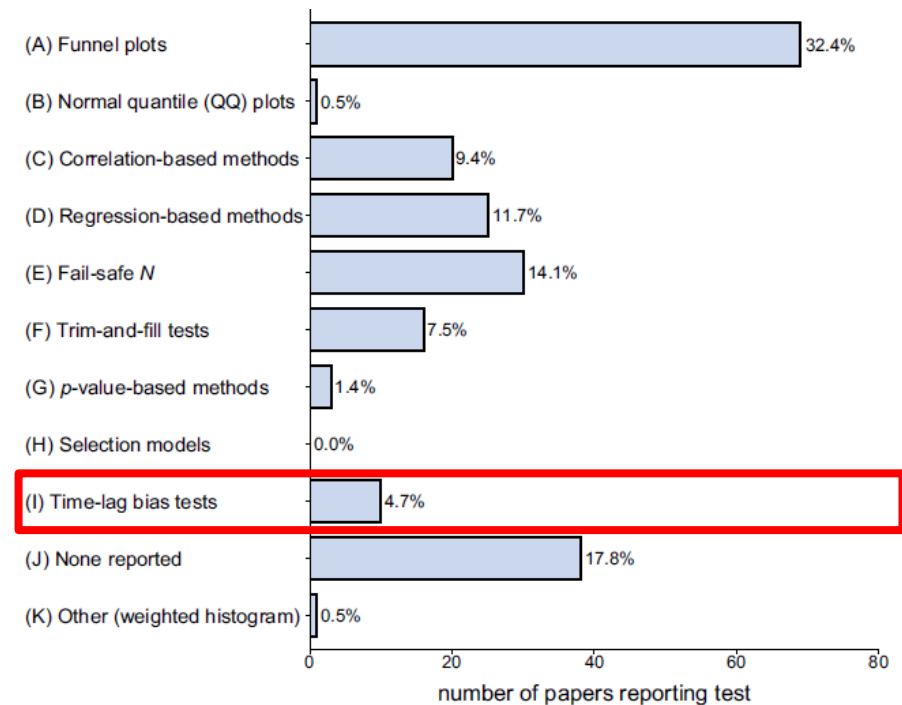
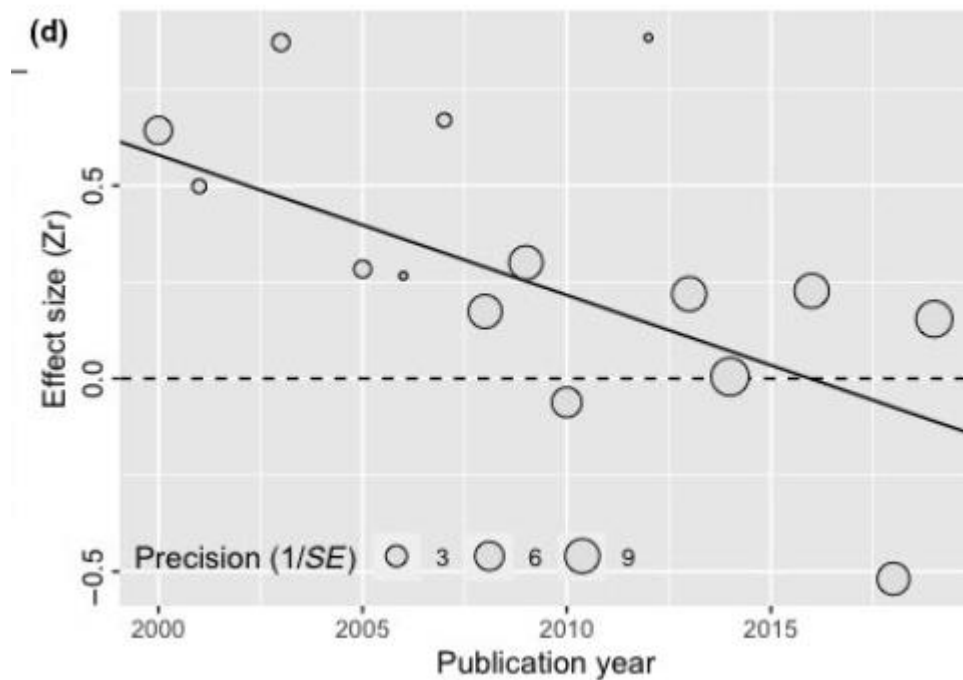
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Methods in Ecology and Evolution

## Correlation between effect size and publication year

### Methods for testing publication bias in ecological and evolutionary meta-analyses

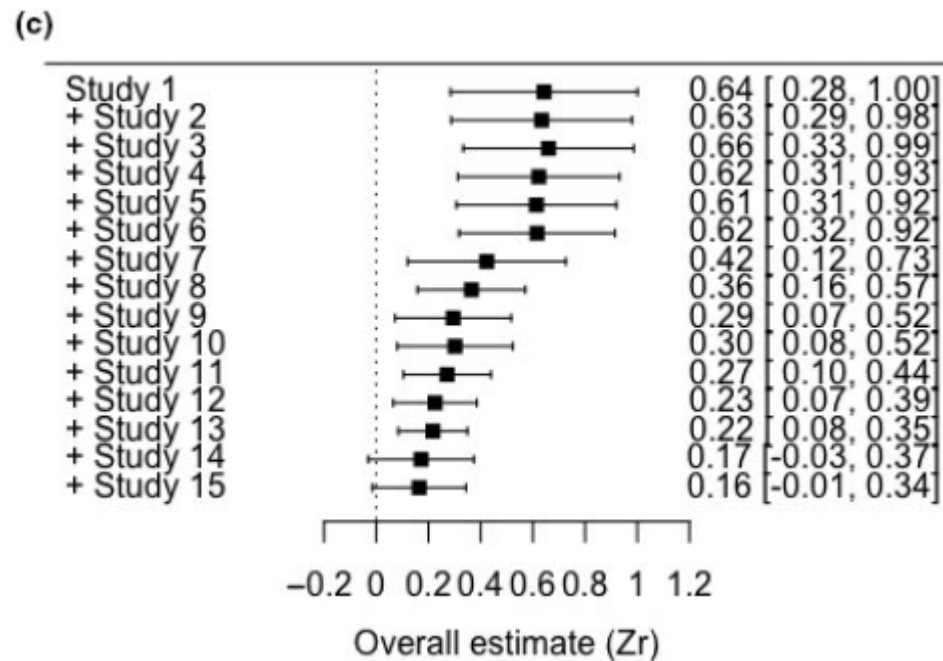
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Not recommended,  
does not consider precision

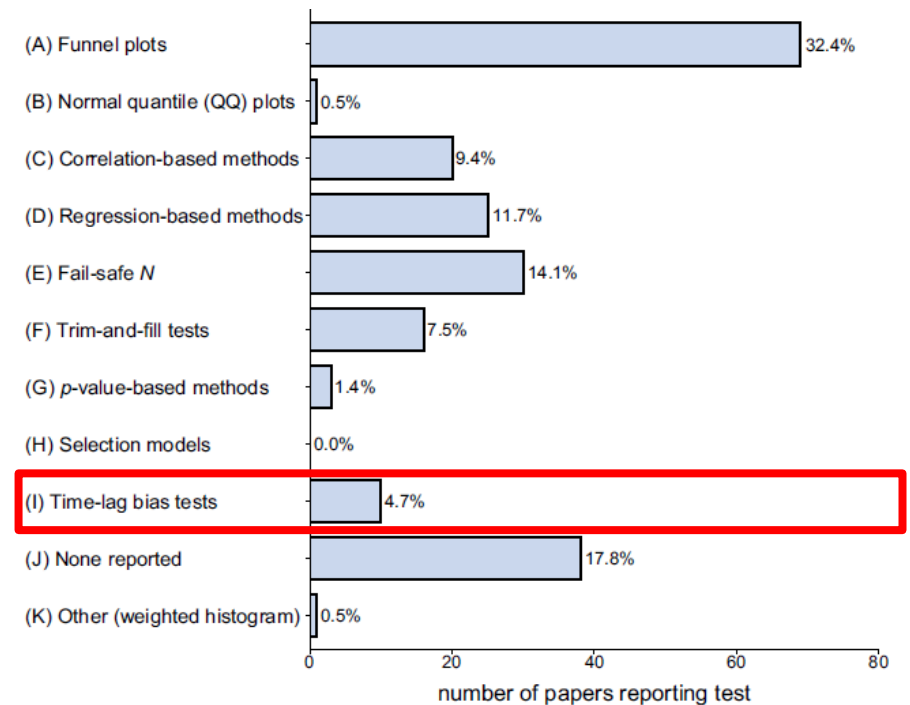
## Cumulative meta-analysis

The larger the number of studies, the more we converge on the true effect



## Methods for testing publication bias in ecological and evolutionary meta-analyses

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Nakagawa et al. *Environmental Evidence* (2023) 12:8  
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### • Detecting decline effect

The decline effect, also known as time-lag bias, is another prominent form of publication bias, where effect sizes tend to get closer to zero over time. Testing for a decline effect is important because the temporal changes in evidence of a given field poses a threat to environmental policy-making, management, and practices. Decline effects can be tested by a meta-regression with publication year (centered to ease interpretation:  $c(\text{year}_{j[i]})$ ) as a moderator:

$$z_i = \beta_0 + \beta_1 c(\text{year}_{j[i]}) + \mu_{j[i]} + e_i + m_i, (18)$$

### Accounting for heterogeneity when detecting publication bias

In our main text, We introduce Equation 19 to simultaneously detect two forms of publication bias while accounting for heterogeneity to increase power and reduce Type I error rate:

$$z_i = \beta_0 + \beta_1 \sqrt{\frac{1}{\tilde{n}_i}} + \beta_2 c(\text{year}_{j[i]}) + \sum \beta_h x_{h[i]} + \mu_{j[i]} + e_i + m_i, (19)$$

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# Language bias

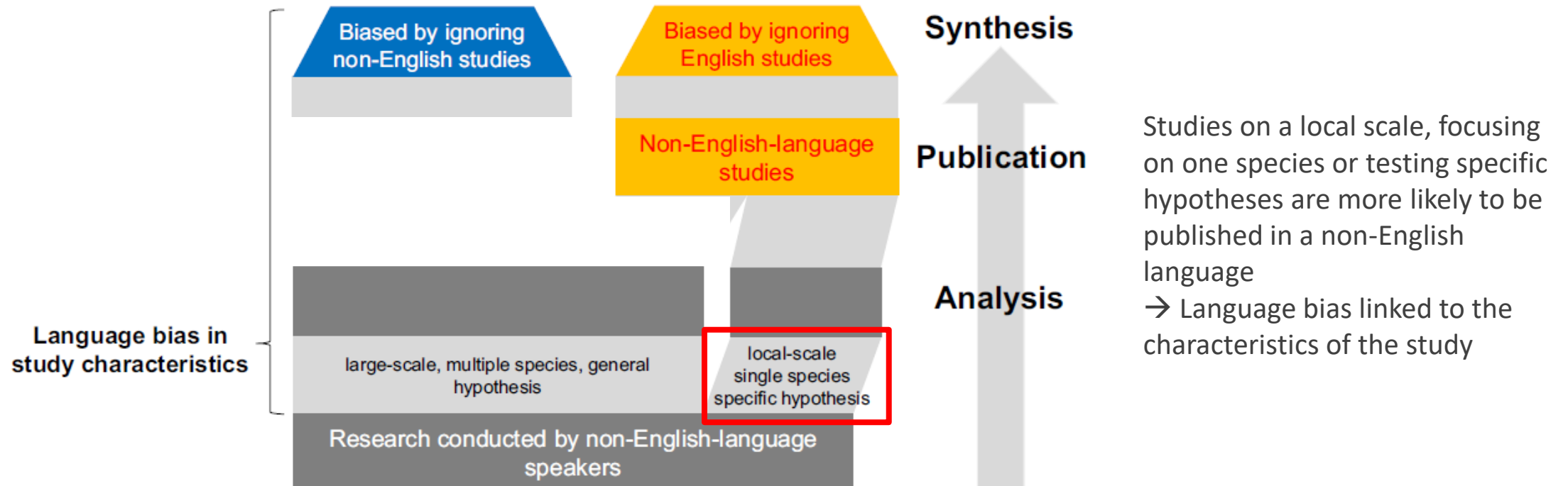
Received: 11 February 2020 | Revised: 20 April 2020 | Accepted: 23 April 2020  
DOI: 10.1002/ece3.6368

ORIGINAL RESEARCH

Ecology and Evolution WILEY

## Ignoring non-English-language studies may bias ecological meta-analyses

Ko Konno<sup>1</sup> | Munemitsu Akasaka<sup>2,3</sup> | Chieko Koshida<sup>4</sup> | Naoki Katayama<sup>5</sup> | Noriyuki Osada<sup>6</sup> | Rebecca Spake<sup>7</sup> | Tatsuya Amano<sup>3,8,9</sup>



# Language bias

Studies showing a statistically significant effect are more likely to be published in journals with a higher impact factor, in English  
 → Language bias linked to the statistical results of the study

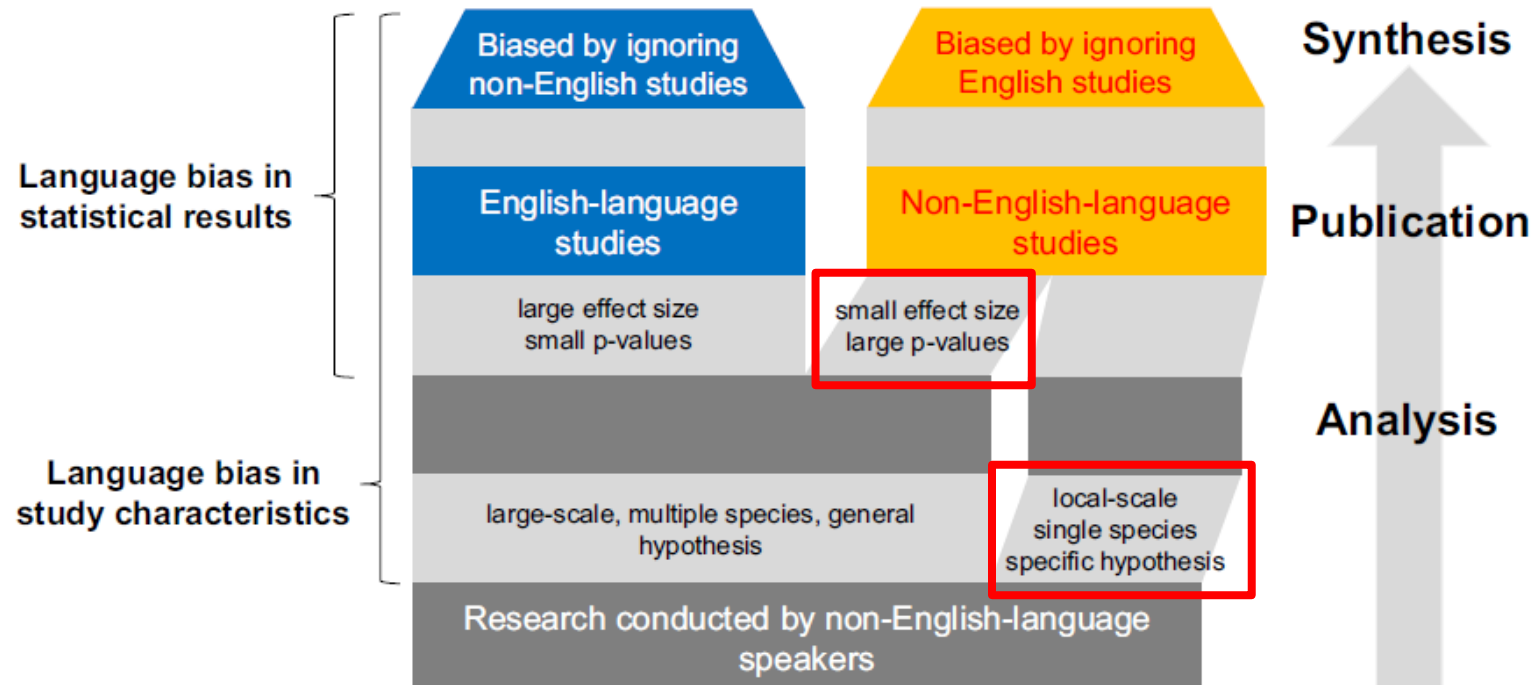
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Studies on a local scale, focusing on one species or testing specific hypotheses are more likely to be published in a non-English language  
 → Language bias linked to the characteristics of the study

# Language bias

Meta-analysis	Levene's test for homogeneity of variance		Two-sample Kolmogorov-Smirnov test for normality		Two-sample t test for effect-size differences between languages	
	F (df)	p	D	p	t (df)	p
Rice-field meta-analysis	0.13 (1, 56)	.72	0.44	.06	2.18 (56)	<b>.03</b>
Leaf life span meta-analysis	4.55 (1, 132)	<b>.03</b>	0.27	.08	-2.40 (38.42)	<b>.02</b>
Plant forestry meta-analysis	1.68 (1, 63)	.20	0.29	.12	-0.19 (63)	.85
Sapling forestry meta-analysis	6.07 (1, 39)	<b>.02</b>	0.36	.17	-2.03 (21.62)	<b>.05</b>

Note: Statistically significant results are in bold. Welch two-sample t test was used where the assumption of homogeneity of variance was not met.

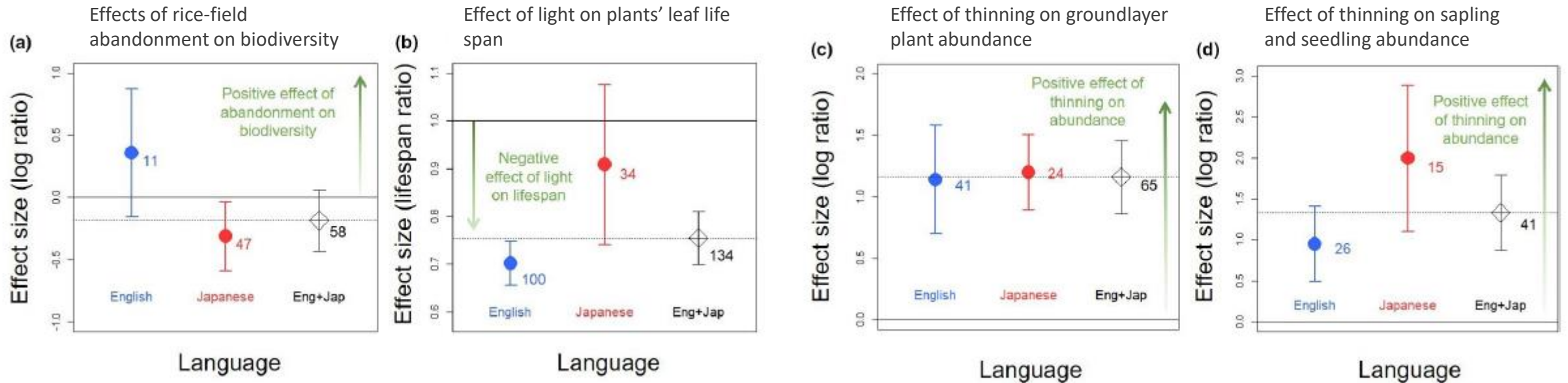
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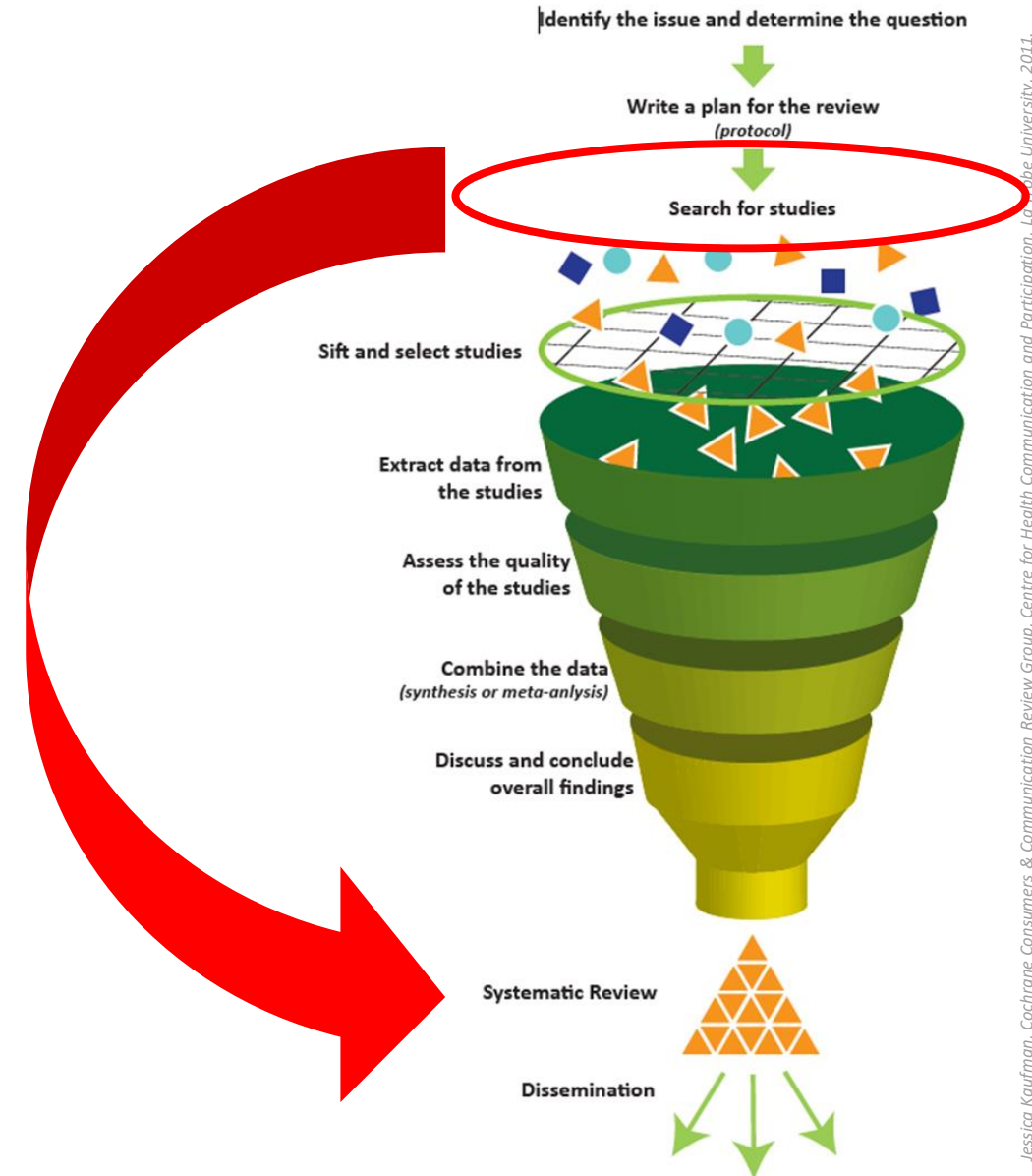
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# Conclusion risks of bias

- **Importance of literature search!**
  - search for grey literature
  - include literature published in non-English languages
- Publication bias tests should always be **interpreted with caution**, as there is no method for checking the real number of missing studies



# Sensitivity analysis

Explores the robustness of meta-analytic results by running a different set of analyses from the original analysis, and comparing the results

→ Robustness to influential studies  
“leave-one-out” analysis

Nakagawa et al. *Environmental Evidence* (2023) 12:8  
<https://doi.org/10.1186/s13750-023-00301-6>

Environmental Evidence

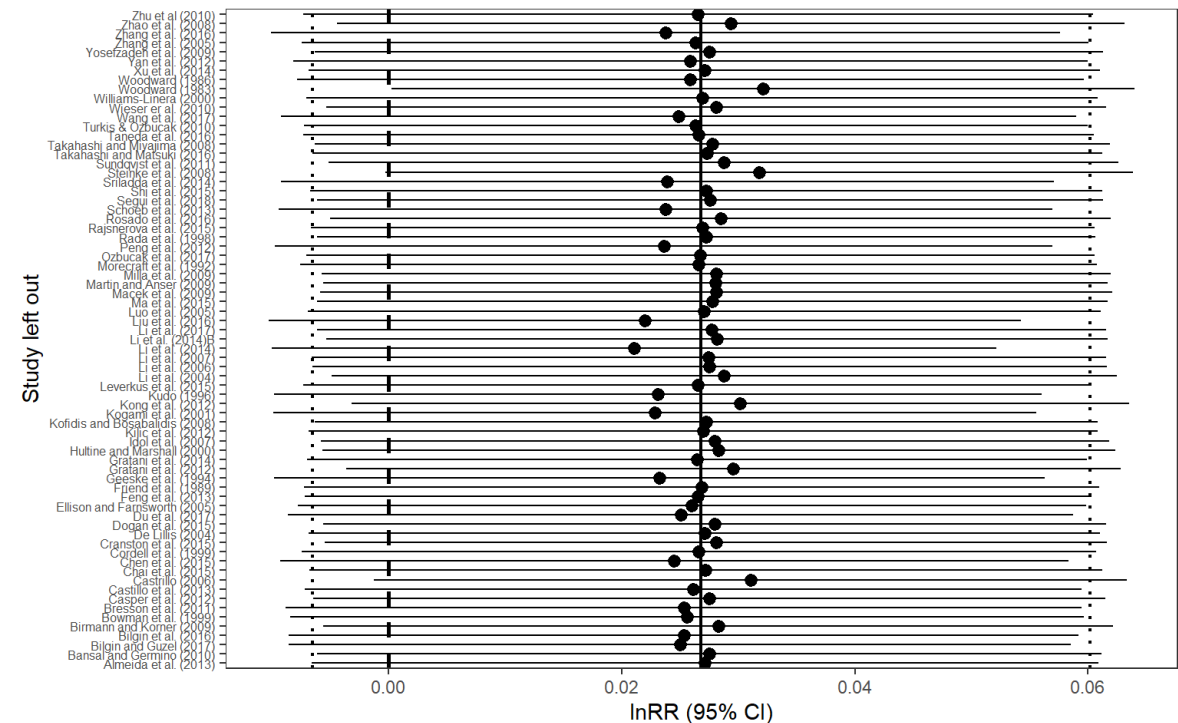
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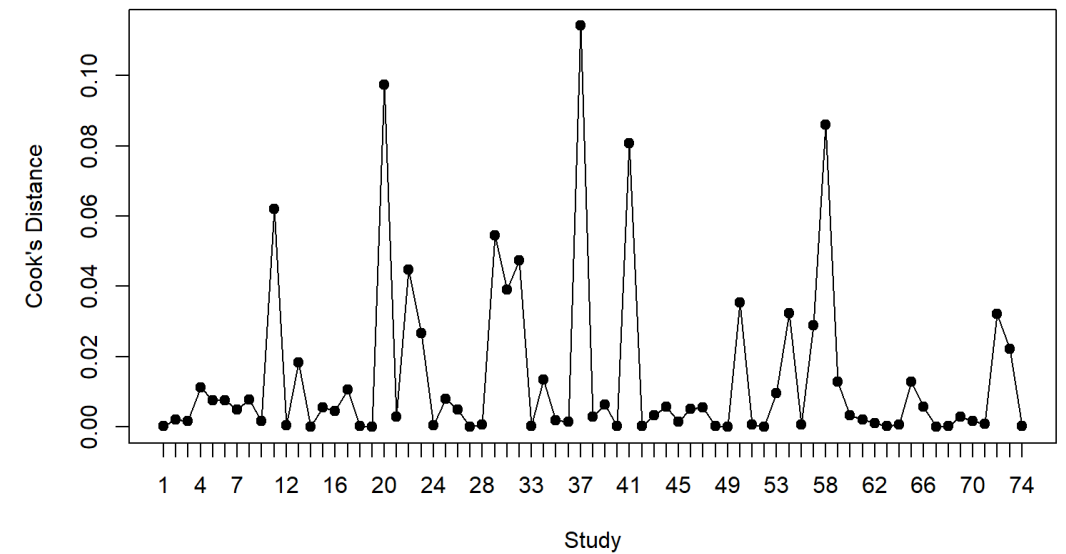
# Sensitivity analysis

Explores the robustness of meta-analytic results by running a different set of analyses from the original analysis, and comparing the results

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**“leave-one-out” analysis**  
**Cook’s distance**

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**Figure S10** Cook's distance showing how much all of the predicted effects in the model change when one study is deleted.

# Sensitivity analysis

---

Explores the robustness of meta-analytic results by running a different set of analyses from the original analysis, and comparing the results

→ Robustness to influential studies

**“leave-one-out” analysis**

**Cook’s distance**

→ Robustness to choice of method (effect size metric, imputation method, rho coef. in variance-covariance matrix, ... )

# TD: publication bias visual detection and test

## Data from Midolo et al. 2019

Received: 17 December 2018 | Accepted: 3 April 2019

DOI: 10.1111/gcb.14646

PRIMARY RESEARCH ARTICLE

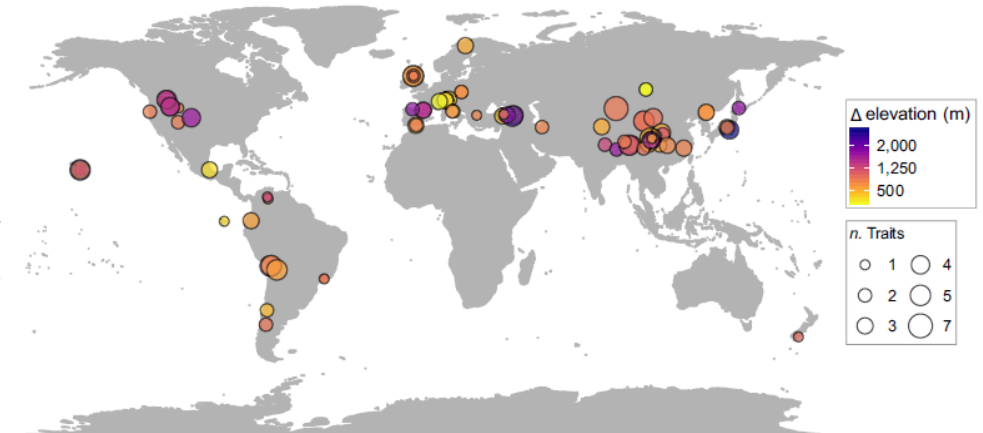
Global Change Biology WILEY

### Global patterns of intraspecific leaf trait responses to elevation

Gabriele Midolo<sup>1</sup>  | Pieter De Frenne<sup>2</sup>  | Norbert Hölzel<sup>3</sup>  | Camilla Wellstein<sup>1</sup> 

meta-analysis of the intraspecific leaf trait variation along 92 elevational gradients  
worldwide reported in 71 studies

-> install and load `metafor`; load and look at data (cf. script)



**FIGURE 1** Geographical distribution of the 92 elevational gradients included in the meta-analysis. For each gradient, point size depicts the number of leaf traits available and the colours depict the larger value of difference in elevation (i.e. the vertical distance between the highest site sampled along the gradient and the lowest site sampled) [Colour figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

# TD: publication bias visual detection and test

Column name	Variable Description
trait	Trait type; use this to subset the dataset for each trait separately in the analysis.
id	row ID.
common_id	common ID value for each gradient and species sharing the same 'control' (i.e. the point at the lowest elevation; see below); use this to calculate the variance-covariance matrix (see the R code).
study_id	ID value for each study.
study_name	Author's name (year).
country	Country where the elevational gradient is located.
gradient_id	Name for each gradient (nested within 'study_name').
species	Plant species name.
family	Plant family name.
ele_level	ID value for each elevational level above the lowest site sampled for each single species within a gradient (range from 2 to onwards, where e.g. 2 is the 2 <sup>nd</sup> site sampled above the first sampled at the lowest elevation).
treatment	'treatment' is the mean of the trait sampled at a higher elevational level.
control	'control' is the mean of the trait sampled at the lowest elevational level (note that often multiple 'treatments' are compared to the same 'control').
sd_treatment	Standard deviation of the mean 'treatment'.
sd_control	Standard deviation of the mean 'control'.
n_individuals	Number of plant individuals sampled; sample size.
pt	Plant functional group (either herbaceous 'H' or woody 'W').
LONG	Mean longitude estimated for each gradient.
LAT	Mean latitude estimated for each gradient.
ARIDITY_INDEX	Estimated aridity index for each gradient; see 'Methods'.
SOLAR_RADIATION	Annual mean radiation (W m <sup>-2</sup> ); 'Bio20' in CliMond; see 'Methods'.
MEAN_GROWING_SEASON_TEMPERATURE	Mean Temperature of Warmest Quarter; 'BIO10' in WorldClim 2.0; see 'Methods'.
elevation_treatment	Elevation of the 'treatment' (m a.s.l.)
elevation_control	Elevation of the 'control' (m a.s.l.)
elevation	= 'elevation_treatment' - 'elevation_control' (m)
elevation_log	= log ('elevation')
yi	Log-response ratio (lnRR) of the 'treatment'/'control' calculated via metafor::escalc()
vi	Sampling variance of 'yi' calculated via metafor::escalc(). See Hedges et al (1999) for the formula: <a href="https://doi.org/10.1890/0012-9658(1999)080[1150:TMAORR]2.0.CO;2">https://doi.org/10.1890/0012-9658(1999)080[1150:TMAORR]2.0.CO;2</a>

# TD: publication bias visual detection and test

---

-> calculate effect size: log-response ratios (lnRR)



escalc() function metafor

[Measures for quantitative variables, log transformed ratio of means]

# TD: publication bias visual detection and test

-> calculate effect size: log-response ratios (lnRR)

escalc() function metafor

[Measures for quantitative variables, log transformed ratio of means]

```
dat_Midolo_2019 <- metafor::escalc(measure = "ROM", # "ROM" means ratio of
means;
    m1i = treatment, # mean value of group 1 (e.g., environmental stressor);
mean value of a trait measured at the higher elevation level;
    m2i = control, # mean value of group 2 (e.g., control); mean of the same
trait measured at the lower elevation level;
    sd1i = sd_treatment, # standard deviation of mean of group 1
    sd2i = sd_control, # standard deviation of group 2
    n1i = n_treatment, # sample size of group 1
    n2i = n_control, # sample size of group 2
    data = dat_Midolo_2019)
```



## TD: publication bias visual detection and test

---

-> check for publication bias for traits "SLA" and "Pmass"



funnel() function metafor

*Do you see any potential publication bias for SLA and Pmass?*

*Try different representation of the funnel plot with different measures of sampling error*

# TD: publication bias visual detection and test

-> check for publication bias for traits "SLA" and "Pmass"

funnel() function metafor

*Do you see any potential publication bias for SLA and Pmass?*

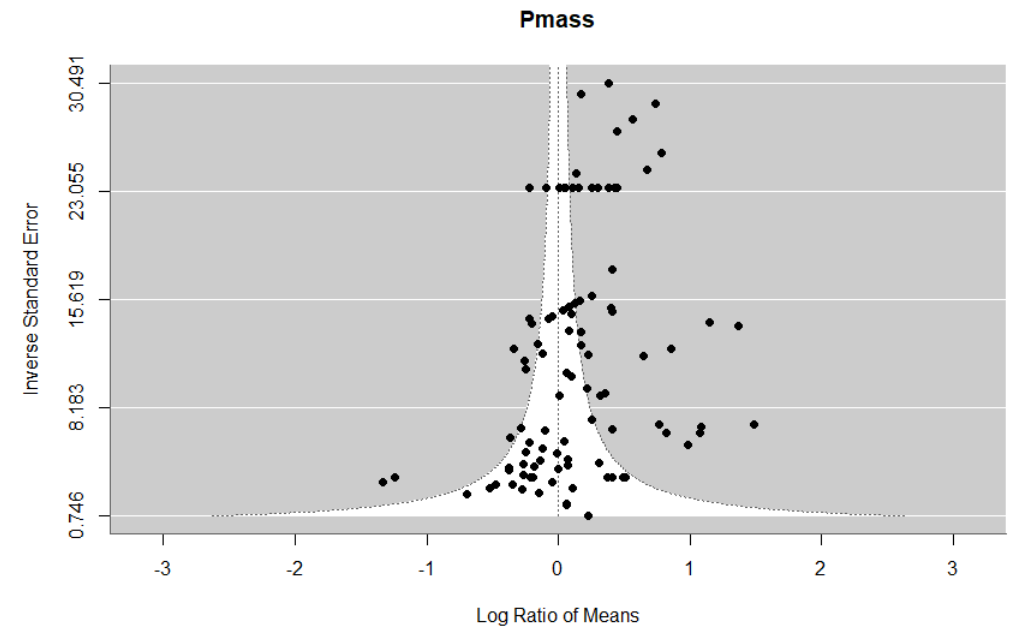
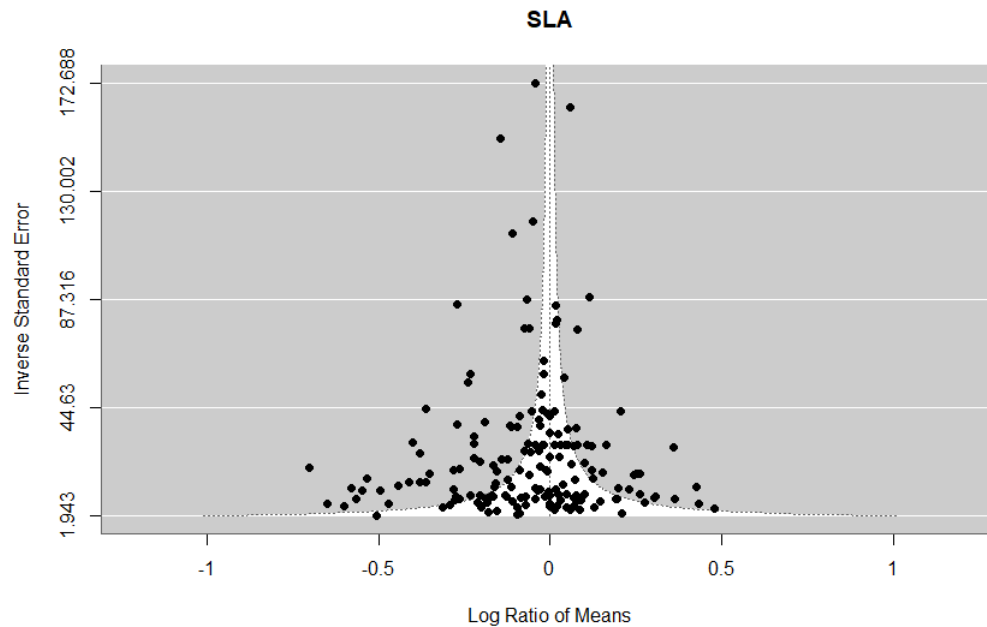
*Try different representation of the funnel plot with different measures of sampling error*

```
metafor::funnel(x = dat_Midolo_2019_SLA$yi,
                vi = dat_Midolo_2019_SLA$vi,
                yaxis = "seinv",
                main = "SLA")
```

```
metafor::funnel(x = dat_Midolo_2019_Pmass$yi,
                vi = dat_Midolo_2019_Pmass$vi,
                yaxis = "seinv",
                main = "Pmass")
```

# TD: publication bias visual detection and test

-> check for publication bias for traits "SLA" and "Pmass"



*Warning! Funnel plots are only visual checks, not reliable for detecting publication bias*

*Visual asymmetry for Pmass*

## TD: publication bias visual detection and test

---

-> test for publication bias for traits "SLA" and "Pmass"



Egger's test: `regtest()` function metafor

*Do you detect any potential publication bias for SLA and Pmass?*

# TD: publication bias visual detection and test

---

-> test for publication bias for traits "SLA" and "Pmass"

Egger's test: `regtest()` function metafor

*Do you detect any potential publication bias for SLA and Pmass?*

```
metafor::regtest(x = dat_Midolo_2019_SLA$yi,  
                 vi = dat_Midolo_2019_SLA$vi)
```

```
metafor::regtest(x = dat_Midolo_2019_Pmass$yi,  
                 vi = dat_Midolo_2019_Pmass$vi)
```

# TD: publication bias visual detection and test

-> test for publication bias for traits "SLA" and "Pmass"

Egger's test: `regtest()` function metafor

*Do you detect any potential publication bias for SLA and Pmass?*

```
> metafor::regtest(x = dat_Mido1o_2019_SLA$yi,
+                 vi = dat_Mido1o_2019_SLA$vi)
```

Regression Test for Funnel Plot Asymmetry

Model: mixed-effects meta-regression model  
Predictor: standard error

Test for Funnel Plot Asymmetry:  $z = -0.4698$ ,  $p = 0.6385$   
Limit Estimate (as  $sei \rightarrow 0$ ):  $b = -0.0539$  (CI: -0.1000, -0.0078)

```
> metafor::regtest(x = dat_Mido1o_2019_Pmass$yi,
+                 vi = dat_Mido1o_2019_Pmass$vi)
```

Regression Test for Funnel Plot Asymmetry

Model: mixed-effects meta-regression model  
Predictor: standard error

Test for Funnel Plot Asymmetry:  $z = -3.3213$ ,  $p = 0.0009$   
Limit Estimate (as  $sei \rightarrow 0$ ):  $b = 0.3272$  (CI: 0.1973, 0.4570)

*Stat. signif. asymmetry detected for Pmass*

# TD: publication bias visual detection and test

---

-> Interpret and conclude on the publication bias analysis

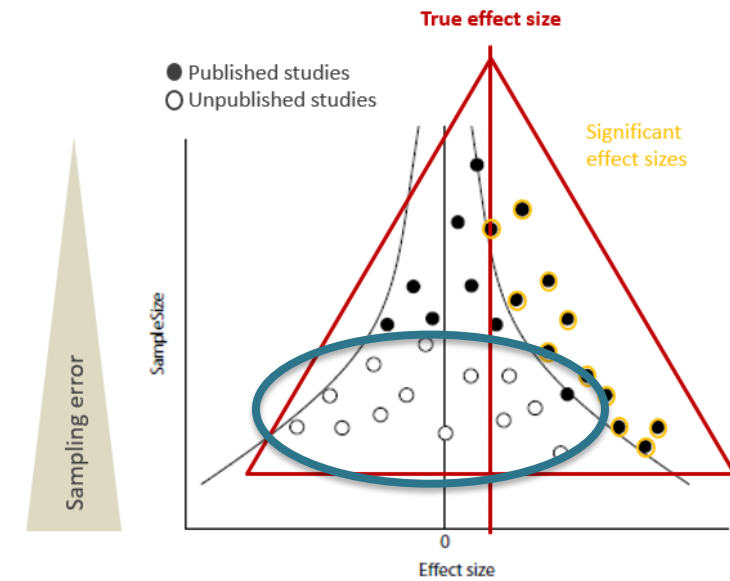
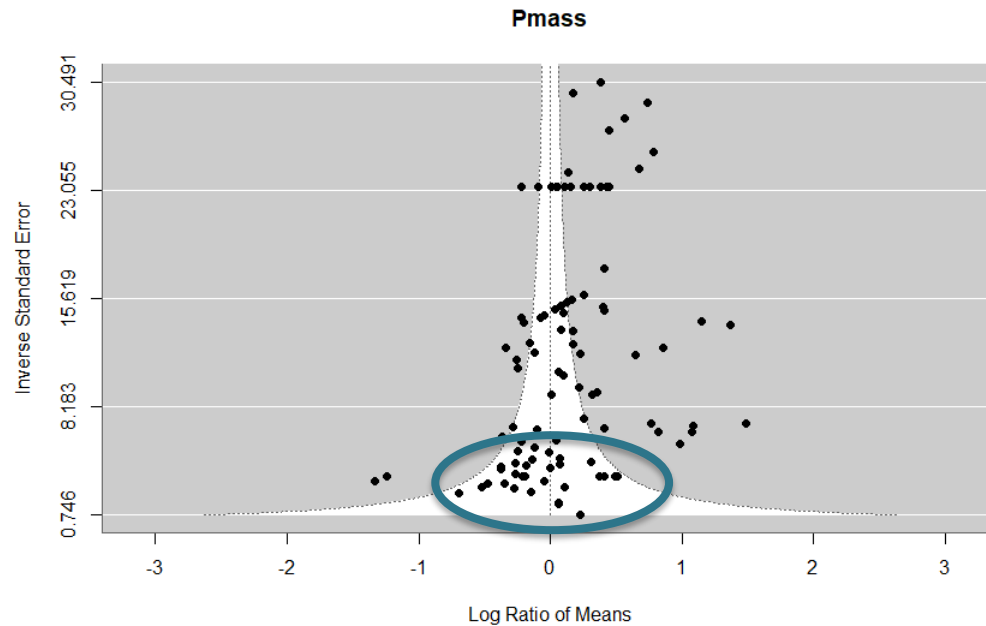


# TD: publication bias visual detection and test

## -> Interpret and conclude on the publication bias analysis

**SLA:** no evidence of publication bias

**Pmass:** presence of non-significant estimates at the left of the funnel suggest that funnel plot asymmetry detected by the Egger's test is not due to publication bias (asymmetry due to effect sizes heterogeneity)

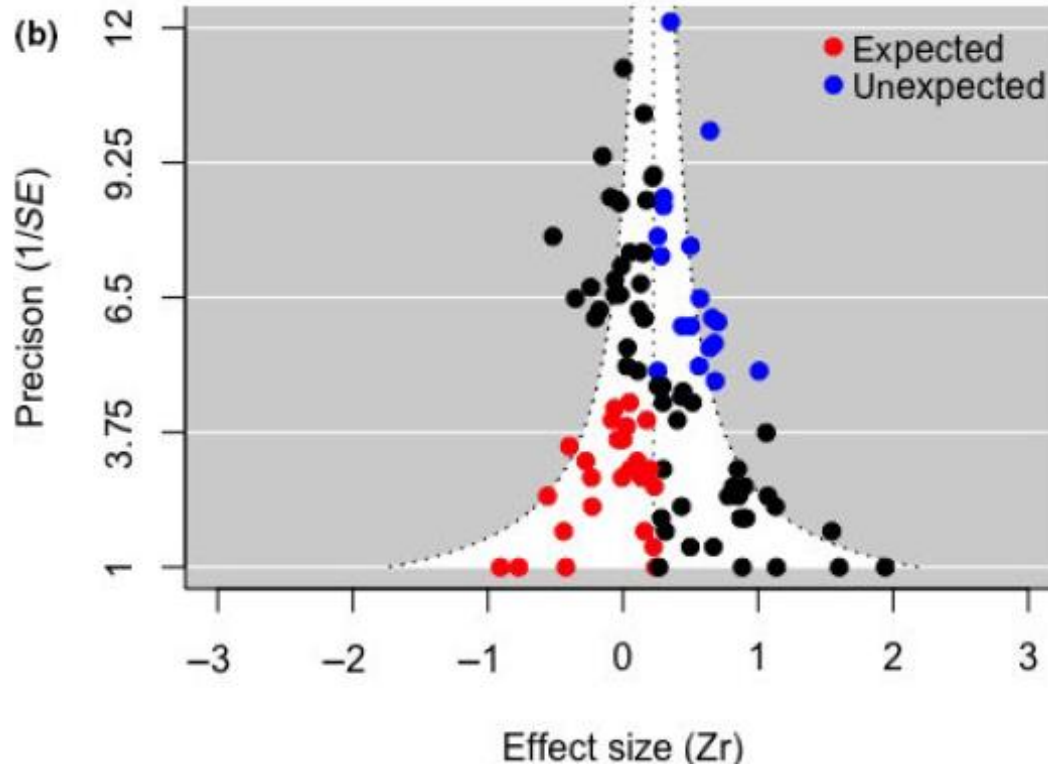




# TD: publication bias visual detection and test

## Methods for testing publication bias in ecological and evolutionary meta-analyses

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red dots: 'expected' missing data under publication bias

blue dots: 'unexpected' missing data